



NARROW LISTENING_K

1. Fill in the gaps with the appropriate word/s.

I worry about my future and I always want to change things in my life. **There are some things that** I would like to change because I don't think that my lifestyle is healthy and I also believe that my marks **should be better**.

I'm not a bad student, but **I'm not studying** a lot this year. I think that last year was way easier. I have a lot of problems with maths, **there are a lot of** things that I don't understand! This year **I'm going to work** harder in maths, I know that I **won't be** an engineer but I guess that maths are really good for real life.

My diet is not bad but **I can't say that** I follow a healthy diet. I usually eat snacks, well, all my friends eat snacks. Sometimes I prefer eating some fruit, but I know that **they will** laugh at me, sometimes it is very difficult to be different. But **I'm going to be** brave and **I'm going to learn how to face my insecurities**. Drinking Monster or eating snacks don't make you cooler! Just the opposite, **there are a lot of** bad nutrients in energy drinks or processed food.

So, this year **I'm going to get better** in general... **I'm going to study** more, **I'm going to spend less time on social media** and **I'm going to do more exercise**. I'm sure that at the end of the year **I will be a better person**.